

22 Red Knight Squadron
Royal Canadian Air Cadets
Overnight Hike
Fairview Bay 25 – 26 March 2023

Mandatory Items

***Warm Sleeping Bag**

***Sleeping Mat**

***Hiking Style backpack**

Water bottle (filled)

Flashlight / headlamp

Toilet paper

Unbreakable cup

Personal hygiene kit

- Toothpaste
- Toothbrush
- Deodorant
- Soap
- Any other hygiene item you need

Sunscreen

Bug repellent

Raingear (Pant and jacket style preferred)

Warm jacket

Hiking footwear (hiking boots or trail shoes)

Hat and or toque

Gloves or mittens

Thermal or base layer

1 change of clothes

- Pants – not jeans
- Shirt
- Underwear
- Socks

Optional Items

- Knife
 - No more than 4 inches
 - Locking blade is preferred
- Camera
- Deck of cards or other quiet game for the evening
- Cadets are welcome to bring personal snack food for the trail or evening. We just ask that they do not bring large quantities.

Please note that the Squadron is not responsible for lost or damaged items such as cameras, phones or other items the member wishes to bring.

The first three items in bold blue with an * beside it are available for loan from the Squadron for the hike. Please contact Capt Boyd prior to Friday 24 Mar 2023.

TIP: Place everything inside a garbage bag inside the backpack to add a layer of water resistance. Additionally, using Ziploc bags for items will help keep things organized inside you bag as well and add another layer of protection.

Any questions please contact Capt Boyd.