

22 Red Knight Royal Canadian Air Cadet Squadron



85th Annual Ceremonial Review

28th May 2026

Powell River, British Columbia

Sponsored by 22 Red Knight Sponsoring Committee

**Empowering Youth Since
1941**

22 Red Knight
Royal Canadian Air Cadet Squadron

AIR CADET AND SQUADRON MOTTO

To Learn – To Serve – To Advance

Physical Address: 5401 Timberlane Park, Powell River, B.C.

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*22 Red Knight Squadron would like to
acknowledge that we live, work, and learn
on the traditional territory of the Tla'amin Nation.*

22 Red Knight
Royal Canadian Air Cadet Squadron

O Canada

O Canada!
Our home and native land!
True patriot love in all of us command,
With glowing hearts we see thee rise,
The true north strong and free!
From far and wide, O Canada,
We stand on guard for thee.
God keep our land glorious and free!
O Canada, we stand on guard for thee.
O Canada, we stand on guard for thee.

God Save the King

God save our gracious King.
Long live our noble King.
God save the King.

Send him victorious,
happy and glorious.
Long to reign over us.
God Save the King

22 Red Knight Royal Canadian Air Cadet Squadron

Parade Order

- 1800 hrs Fall in and Guests Arrive
 Opening Remarks by MC
- 1810 hrs. *Cadets Fall In, Flag party marches on
- 1830 hrs *Arrival of the Reviewing Officer
 *General Salute, O Canada
 Inspection by the Reviewing Officer
 *March Past
 Awards and Presentations
 Speeches:
 Reviewing Officer
 British Columbia Air Cadet League
 Commanding Officer 22 RCACS
 Dynamic Displays
 *Advance in Review Order
 *General Salute – God Save the King
 *Departure of the Reviewing Officer
 *Cadets March Off

Viewing of the Static Displays

There will be additional presentations during the reception

The audience is requested to stand at the times marked by an *

22 RED KNIGHT
ROYAL CANADIAN AIR CADET SQUADRON

Reviewing Party:

LCol Teesha Wheaton-Sparkes
Reviewing Officer

Mrs. Grace Dean
Air Cadet League Representative

Capt Kate Boyd, CD
Commanding Officer 22 Red Knight RCACS

LCol (Ret) John Olsen, CD
Sponsoring Committee Chairperson

Maj Randy Fisher
Regional Cadet Support Unit (Pacific)

WO1 Julian Konstantonis
22 RCACS Squadron Commander

STAFF AND CADETS
22 RED KNIGHT
ROYAL CANADIAN AIR CADET SQUADRON

Squadron Commander: WO1 Julian Konstantonis
Deputy Squadron Commander WO2 Eric Ruegg

Flight Commanders: WO2 William Anderson
WO2 Issac Mack

Flag Party: Sgt Max Faurot
Sgt Jacob Williamson
Cpl Olivia Faurot
LAC Bowen Keays
LAC Logan Johansen

Starfighter Flight

FSgt Bellafquih
FSgt Gow-Hignell
Sgt Boyd C.
FCpl Anderson E.
FCpl Pinch
FCpl Russo G.
FCpl Lewis
FCpl Trotter
Cpl Bedard
LAC de Villiers
LAC Martin
LAC Gentry
LAC Reed
LAC Bauer
LAC Skorey
Cdt Buhler-Irving
Cdt Kennedy

Voodoo Flight

FSgt Beil
Sgt Devaney
Sgt Stanhope
Sgt Keller
FCpl Baycroft
FCpl Kaban
FCpl Kishimoto
FCpl Russo D.
FCpl Kaban
Cpl Boyd D.
Cpl Russo V.
LAC Behan
LAC Plows
LAC Thomson
LAC Glassford Down
Cdt Bakker C.
Cdt Bakker M.

Commanding Officer:
Training Officer:
Admin Officer:
Volunteer:
Ground School Instructor/Vol
Civilian Instructors:

Capt Kate Boyd, CD
2Lt Alex Williamson
CI Chris Anderson
Capt Ken Boyd CD
VI Liam Keating
Capt (Ret) A. E. Bartley, CD
CI Justin Bruckshaw

Sponsoring Committee Chair:
Treasurer:
Secretary:

LCol (Ret) J. Olsen, CD
Mrs. Cheryl Bruckshaw
Mrs. Christine Boyd

REVIEWING OFFICER

LCol Teesha Wheaton-Sparkes

Born and raised in a small community in Newfoundland, Lieutenant-Colonel Teesha Wheaton-Sparkes enrolled in the Canadian Armed Forces in 1995. She spent the first eight years of her career as an East Coast sailor, working as a Naval Communicator and serving aboard several HMC Ships, including Preserver, Ville de Québec, Montréal, and Iroquois. During this period, she participated in a professional exchange with the Royal New Zealand Navy, deployed on Operation PERSISTENCE (Swissair Flight 111 recovery) and Operation APOLLO, and was a member of both the Naval Boarding Party and the Ship's Dive Team.

From 2005 – 2008, LCol Wheaton-Sparkes completed the University Training Plan for Non-Commissioned Members (UTPNM). After graduating from Saint Mary's University with a Bachelor of Commerce and a diploma in Human Resources Management she was posted to 17 Wing Winnipeg as a Supply Officer. In 2014, she was posted to 19 Wing Comox where she served in multiple roles including Wing Supply Officer, Materiel Support Officer, Executive Assistant to the Wing Commander, and Deputy Commanding Officer of the Mission Support Squadron. During her time as a RCAF Logistics Officer, she supported Operation PODIUM, a Third Location Decompression in Cyprus, deployed as the MSE Log O for Roto 0 of Operation IMPACT, and represented the CAF as a member of the 2016 Nijmegen March Team.

In 2018, LCol Wheaton-Sparkes was posted to the Canadian Special Operations Forces Command (CANSOFCOM) as the Officer Commanding Support at 427 Special Operations Aviation Squadron in Petawawa. She later returned to 17 Wing Winnipeg and served with 1 Canadian Air Division as A4 Supply and subsequently as Deputy Commanding Officer of 17 Mission Support Squadron. In 2022, she deployed as the Deputy Task Force Commander for Operation KOBOLD—Canada's contribution to NATO's peace-support operations in Kosovo.

Promoted to her current rank in 2023, LCol Wheaton-Sparkes was posted to the Canadian Forces Joint Operational Support Group (CFJOSG) in Kingston as the J4. While at CFJOSG, LCol Wheaton-Sparkes participated in Exercise RIMPAC 2024 as the Commanding Officer of the Joint Task Force Support Component (JTFSC) in Hawaii.

LCol Wheaton-Sparkes enjoys spending time in nature and can most often be found hiking in the mountains with her wife Rebecca and their two dogs: Dingo, a Blue Heeler, and Matilda, a Dalmatian.

AIR CADET LEAGUE REPRESENTATIVE

Mrs. Grace Dean

Grace Dean's Involvement with the Air Cadet Program began as a Cadet in 1978 in 24 Red Deer Squadron. She moved and aged out of 868 Fort McMurray as WO 1 of her Squadron in 1984. She left immediately for Cornwallis, NS to attend Basic Training in the Canadian Forces. She was posted to CFB Moose Jaw (home of the Snowbirds) working on CT 114 Tutors as a Safety Systems Tech. She obtained her High Altitude Indoctrination training and was able to fly as a passenger in the Tutors for test flights.

In 2016, Grace joined the 205 Collishaw Sponsoring Committee contributing countless hours of volunteer time. In 2017, she became the Chairperson and served 4 years working effectively with staff to keep both Parents and Cadets engaged through the unprecedented Pandemic for which she received the ACLC Certificate of Merit award. Grace had a son in 205 Collishaw Squadron who aged out and reached his goal of attending RMC Royal Military College and becoming an Officer in the Canadian Forces.

Grace has been in Law Enforcement as a Peace Officer for over 30 years and currently works keeping our roads safe as Commercial Transport Enforcement Officer. This is Grace's 4th year as a BCPC League Representative and 2nd as the North Island Wing Chair. She is always excited and honoured to continue supporting and being actively involved in the Air Cadet Program.

COMMANDING OFFICER

Capt Kate Boyd

Capt Kate Boyd started her cadet career as a cadet with 832 Twillick Squadron in Ottawa and then moved to 89 Pacific Squadron in Victoria. After aging out, she became a CI and then joined the CIC in 1997. In 1999 she moved to 22 Red Knight Squadron in Powell River, taking on the roles of Administration Officer, Training Officer and Deputy Commanding Officer and then Commanding Officer. In addition, she worked summers at CSTC Albert Head. Capt Boyd was the Commanding Officer of 22 RCACS in 2001 and she again assumed the role in June 2024.

In her civilian life, Capt Boyd has a number of roles, both professional and volunteer that all connect to her commitment to building community. She has been a StrongStart Facilitator at Henderson Elementary for the past twenty years, welcoming families to the school setting. She also teaches in the Early Childhood Education and Care and the Educational Assistant and Community Support Worker programs at Vancouver Island University. Her volunteer roles include SD 47 DPAC Co-Chair, Brooks Secondary School PAC President, POW Swim Club Secretary, CUPE 476 Executive Board Member, Girl Guides Pathfinder Leader and District Commissioner, Everybody Deserves a Smile School Lead and Executive Board Member, Speech Arts Coach and Junior Forest Warden Leader. In addition to that, she is currently working on her master's degree.

Capt Boyd has four children, three of whom have been involved with the cadet program, who continue to inspire her every day with their unique paths. She is married to Capt Ken Boyd, who volunteers with the squadron and works for RCSU (Pacific).

SPONSOR COMMITTEE CHAIRPERSON

LCol (Ret) John Olsen, CD

LCol (Ret'd) Olsen has been active in the cadet movement for many years in a variety of roles.

1979 - 1982	Commanding Officer RCSCC Undaunted
1983 - 1986	Commanding Officer 19 th Alberta Dragoons
1986 - 1987	Commanding Officer Cadet Camp Wright Aircrew Survival Course (360 cadets)
1988	Commanding Officer Cold Lake Air Cadet Camp Aircrew Survival Course (360 cadets)
1989 - 1991	Commanding Officer Cold Lake Air Cadet Camp Senior Leaders and Aircrew Survival Courses (830 cadets)

In his civilian life, he worked for the Trimac Group (Rentway Canada Ltd and Tricil Limited) for a total of 20 years where he held positions of Sales Representative, Branch Manager, Regional Sales Manager and National Sales Manager. He spent 5 years as a Sales Trainer for National and Regional Companies from Montreal to Vancouver and New York State. His last 5 years he worked for International, National and Regional companies as a Business Development Consultant. Currently, he works at the RCMP as a Cell Guard.

PARTNERSHIP BETWEEN **DND, CIC, ACL, AND SSC** **BCPC HISTORY / BACKGROUND**

The Air Cadet program operates within a partnership agreement between the Department of National Defense (DND) and The Air Cadet League of Canada (ACL), a civilian volunteer organization. The British Columbia Provincial Committee (BCPC) of the ACL is administered by a ten-member Board of Directors. The Directors are elected by the members of BCPC at the Annual General Meeting. BCPC's office is located at Boundary Bay Airport, Delta, BC, and its day-to-day operations are administered by full time Administration, Screening and Registration Manager, a full time Financial Compliance Officer and a part time Data entry clerk.

There are currently 57 Squadrons in BC, geographically grouped into three zones supported by Group Chairs. Each zone is then subdivided into Wings which are also supported by Wing Chairs. The main areas of responsibility for the British Columbia Provincial Committee include:

The formation of new squadrons

Providing training and support for Squadron Sponsoring Committees

Assisting with the recruitment of officers and cadets into the program

Publicising and promoting cadet activities and programs

Maintaining our fleet of 6 tow planes and twelve gliders

Administering the Effective Speaking Program in BC

Assisting the Military partner with National Scholarship Course procedures

SQUADRON HISTORY

22 Royal Canadian Air Cadet Squadron was formed in 1941 and has continued uninterrupted for the past eighty-five years. Over the years we have been the top squadron in BC numerous times, not to mention most proficient in Western Canada and also the best in the Nation.

Our Squadron is one of four hundred in operation in Canada. This requires the combined efforts of Officers, Civilian Instructors and Air Cadet League members who volunteer their services at the national, provincial and local levels. The Air Cadet League (of which the local sponsor is a member) and the Canadian Armed Forces work in close co-operation. Loosely defined, the military is responsible for the training and supply, while the League oversees public relations and administration. However, in actual fact there is considerable overlapping.

We are grateful for the support that we receive from the Department of National Defense and the Air Cadet League. Without them we would not be able to offer our cadets a full program and the privilege of attending various summer programs or the gliding trips, which are such an integral part of the cadet organization.

We also appreciate the support from both the community at large and the Sponsoring Committee.

Cadet Commanders:

WO1 Lyndon Mavin appointed 1 Sept 2023, aged out 26 May 2025

WO1 James Leishman appointed 27 May 2025, ret 19 September 2025

WO1 Julian Konstantonis appointed 1 September 2025

CALENDAR OF EVENTS 2025- 2026

Weekly Activities

4 Sep – 11 Jun	Thursday Regular Training Nights
21 Sep – current	Music Level Training (biweekly)
28 Sep – 1 Feb	Marksmanship Practice
26 Oct – 9 Nov	Cenotaph Guard Practice
26 Oct – 5 Apr	Destination Imagination Practice
16 Nov – current	Makerspace / Games Night
7 Dec – current	Squadron In Person Ground School Review
5 Apr – current	Flag Party Practice

Single Event Activities

19 Sep	Pig Roast Family Potluck
21 Sep	Band Training started
4 Oct	Day Hike – Mowat Bay to Haywire (return) Hike
26 Oct	Destination Imagination started
1 Nov	Online Ground School Opened
6 Nov	Squadron Pasta Potluck
8-9 Nov	Poppy Campaign – RCL 164
10 Nov	Movie Night / Uniform Care
11 Nov	Remembrance Day Parade
16 Nov	Makerspace started
27 Nov	Swim Night
29 Nov	Tree cutting with Junior Forrest Wardens for Winter Wonderland at the Complex
30 Nov	Santa Claus parade
6 Dec	Comox Sports Day (Area Directed Activity)
7 Dec	In person Ground School support started
13 Dec	Leadership Training Day
18 Dec	Squadron Winter Family Potluck
19 Jan	Spaghetti Dinner Volunteering
22 Jan	Squadron Bowling Competition
24 Jan	Day Hike – Saltery Bay to Fairview Bay (return) Hike
1 Feb	Online Ground School Finished
7 Feb	Zone Marksmanship Competition

21 Feb	Snowshoeing – Mt Washington
26 Feb	Rock Climbing
7 Mar	Bottle Sorting
7 Mar	Cape Scott Safety Briefing
12 Mar	Fitness Testing
17 Mar	Cape Scott Prep and Gear Check
19 – 24 Mar	Cape Scott Hike
10 – 12 Apr	DI Provincials
1-3 May	North Island FTX (Area Directed Activity)
28 May	Annual Ceremonial Review Prep
30-31 May	Familiarization Flying - Gliding at CFB Comox
4 Jun	Year End BBQ at Westview Flying Club
11 Jun	Final Parade Night

Commanding Officer's Report

As we conclude, I would like to take a moment to reflect on what has been an outstanding and successful training year for our squadron.

To our cadets: thank you. Your dedication, enthusiasm, and commitment throughout the year have been truly impressive. Whether attending weekly training nights, participating in weekend activities, or representing our unit in the community, you consistently demonstrated teamwork, discipline, and professionalism. You should all be proud of what you have accomplished.

This year, our cadets participated in a remarkable variety of activities and events. From honouring veterans during Remembrance Day ceremonies, to sharpening skills in marksmanship, to applying creativity and innovation through Destination Imagination and Makerspace activities, you embraced every opportunity presented to you. Many of you challenged yourselves through hiking expeditions, band performances, aviation development activities, and ground school training. Each activity required commitment, perseverance, and teamwork, and you rose to the occasion every time. What stands out most is not only what you achieved, but how you achieved it. Throughout the year, you represented this squadron with pride, respect, and professionalism. Your positive attitude, willingness to support one another, and strong sense of team spirit have built a unit culture that all of us can be proud of.

To our staff and volunteers: thank you for the countless hours you dedicate behind the scenes. The success of this program would not be possible without your leadership, mentorship, planning, and care for our cadets. Your efforts make a lasting impact on the lives of these young people, and I am sincerely grateful for your commitment.

To our parents and guardians: thank you for your continued support and encouragement. From driving cadets to activities, supporting fundraising efforts, attending events, and helping your cadets succeed, your contribution is invaluable. The partnership between families and staff is essential to the strength of our program, and we greatly appreciate everything you do.

I would also like to extend our sincere gratitude to the Air Cadet League of Canada and the Regional Cadet Support Unit (Pacific) for their continued support throughout the training year. Their dedication, guidance, and commitment to the Cadet Program provide our cadets with incredible opportunities for growth, leadership, citizenship, and adventure. From training resources and administrative support to the many activities and programs offered throughout the year, their efforts play an essential role in the success of our corps/squadron. We greatly appreciate their partnership and unwavering commitment to the development and success of our cadets.

As we conclude this training year, I encourage all cadets to reflect on how much you have grown — not only in skills and knowledge, but also in confidence, leadership, and character. Carry those lessons forward into next year and into all aspects of your lives. On behalf of the entire staff, thank you all for making this year such a success. We are incredibly proud of each and every one of you. Have a safe and enjoyable summer, and we look forward to seeing you again next training year.

SSC Chair's Report

I am proud to advise you that 22 Red Knight Squadron has finished a great year with post Covid numbers back to 40 plus cadets. Congratulations to all cadets for willingly becoming good leaders and learning what discipline is all about. The friendships created is commendable to all and I thank Captain Kate Boyd and her staff for fostering such a great venue.

To our BCPC liaison Grace Dean, a huge thank you for your support. Your assistance to the Squadron and the Board has allowed us to become a model in our community and a top-notch cadet organization.

Via this report I am asking the parents/guardians to consider joining our Board of Directors. We would appreciate the assistance, so please feel free to call me for information regarding the Sponsorship Committee (604.223.7825)

To all the organizations that financially contributed to our Squadron, a huge thank you for your support. The finances are wisely spent on the cadets for items that are not covered by the Department of National Defence.

It is my personal belief that the Canadian Cadet Organization is among the best youth programs in the world. To all that support this endeavour, thank you.

Per Ardua Ad Astra
John Olsen CD

Cadet Squadron Commander's Report

This training year has been an incredible success, and I could not be prouder of everything our cadets have accomplished. Through countless training nights, exercises, competitions, and community events, our cadets consistently demonstrated hard work, dedication, and resilience. Each challenge was met with determination and a willingness to grow, both as individuals and as a team. I would also like to sincerely thank our staff for delivering such an engaging and supportive program. Their leadership and commitment created opportunities for us to step outside our comfort zones, push our boundaries, and discover strengths we may not have known we had. Along the way, many cadets developed valuable skills, stronger confidence, lasting friendships, and for some, even discovered a passion that will shape their future. It has been an honour to serve alongside such motivated cadets and dedicated staff this year.

2026 AWARDS

CHARLIE MOWAT AWARD
HIGHEST EXAM MARK
RECIPIENT: FSgt Finn Gow-Hignell

CHAIRMAN'S TROPHY
OUTSTANDING ATTENDANCE
RECIPIENTS: Sgt Jacob Williamson and LAC Bowen Keays

HANSON MEMORIAL SWORD TROPHY
RECIPIENT: FCpl Beckett Pinch

S.P. GORBATUK TROPHY
CITIZENSHIP
RECIPIENTS: Sgt Calder Boyd, Sgt Max Faurot and Sgt Sierra Keller

CITY TRANSFER TROPHY
OUTSTANDING EFFORT AND INITIATIVE (JR. RANKS)
RECIPIENT: Cpl Druanne Boyd

WESTVIEW FLYING CLUB TROPHY
OUTSTANDING EFFORT AND INITIATIVE (NCO RANKS)
RECIPIENT: WO2 Isaac Mack

AW CHARLTON 'THE PROPELLER' TROPHY
MOST OUTSTANDING RECRUIT
RECIPIENT: LAC Bowen Keays

LEGION TROPHY
MOST OUTSTANDING AIR CADET
RECIPIENT: FSgt Finn Gow-Hignell

ROYAL CANADIAN LEGION MEDAL OF EXCELLENCE
RECIPIENT: WO2 William Anderson

LORD STRATHCONA MEDAL
RECIPIENT: FSgt Finn Gow-Hignell

Further presentations will take place during the reception.

RECOGNITION

DEPARTMENT OF NATIONAL DEFENCE



**Défense National
nationale Defence**

BRITISH COLUMBIA AIR CADET PROVINCIAL LEAGUE



**22 RED KNIGHT
ROYAL CANADIAN AIR CADET SQUADRON**

WOULD LIKE TO THANK THE FOLLOWING FOR THEIR SUPPORT:

WESTVIEW FLYING CLUB

CITY OF POWELL RIVER

POWELL RIVER REGIONAL DISTRICT

ROYAL CANADIAN LEGION BRANCH #164

LADIES AUXILIARY LEGION BRANCH #164

ROYAL CANADIAN LEGION BRANCH #232

POWELL RIVER JUNIOR FOREST WARDENS CLUB #127

THE GAMING COMMISSION OF BRITISH COLUMBIA

POWELL RIVER COMMUNITY FIRST AIDERS

High Flight by John Magee

Oh! I have slipped the surly bonds of Earth
And danced the skies on laughter-silvered wings;
Sunward I've climbed, and joined the tumbling mirth
of sun-split clouds,-and done a hundred things
You have not dreamed of-wheeled and soared and swung
High in the sunlit silence. Hov'ring there,
I've chased the shouting wind along, and flung
My eager craft through footless halls of air....
Up, up the long, delirious, burning blue
I've topped the wind-swept heights with easy grace
Where never lark nor ever eagle flew-
And, while with silent lifting mind I've trod
The high untrespassed sanctity of space,
Put out my hand, and touched the face of God