

22 Red Knight RCACS

Overnight Winter Hike

Meet at Cadet hall at 0800hrs on Saturday
Pick up at Cadet hall at 1500hrs on Sunday

Mandatory Items

- Warm sleeping bag*
- Sleeping roll/mattress/foam (individual size)*
- Hiking backpack to pack your gear in*
- Water Bottle (with water in it)
- Flashlight or headlamp
- Small tarp or ground sheet
- Twine or rope
- Toilet paper
- Unbreakable cup
- Utensils (knife, fork, and spoon, or spork)
- Personal hygiene kit (toothpaste, toothbrush, deodorant, etc)
- Sunscreen
- Rain Gear (Pants and Jacket style preferred)
- Warm winter jacket or sweater (Cadet Parka will work)
- Hiking boots (water resistant)
- Hat or Toque
- Gloves or Mittens
- Pants (1 change - **No Jeans**)
- Shirt (1 Change - Short or long sleeved)
- Underwear (at least 2 changes)
- Warm socks (at least 3 pairs, preferably wool)
- Long underwear (1 pair)

Optional Items

- Knife - No more than 4 inches in length
- Camera (See note below)
- Deck of cards or other quiet game for the evening.

Items marked with a * are available through cadet supply.

NOTE: The squadron will not be held responsible for lost or stolen items. If you choose to bring valuable objects such as expensive watches, jewellery, MP3 players, and cameras, you are doing so at your own risk.

TIP: Place everything in a garbage bag inside your hiking bag to avoid items getting wet if the weather becomes unfavorable. Ziploc bags also help to keep things organized inside your bag and act as a second defense to waterproofing.